

## Half Yearly Review

1. Kindly give below a list of activities undertaken under the Trent program in the last six months (April 19 – September 19). (Please attach any photographs, reports, documentation you would have of the activities conducted in the mail)

Sr No	Activity Description	Date of activity	Conducted by (Name & Designation)	Outputs achieved (State the type and no of beneficiaries impacted, people participated, etc.)	Outcomes expected
1.	<p><b>EDUCATION -</b></p> <p>a. <u>Academics:</u></p> <p>i. 18 children are able to get admission in school for the academic year 2019 – 2020. Out of these 18 children, 3 are admitted in special school to be trained under special educator. 1 of the child is pursuing her studies from open schooling.</p> <p>ii. Separate tuition teacher is being appointed to facilitate the children to cope up with the academic rigor and pressure during exams.</p> <p>iii. Children have showed</p>	June – September	Ms. Sumana, Project Coordinator	<p><i>Type of Beneficiaries:</i> Children in need of care and protection living at Inchara Home for Children who have undergone all forms of abuse and neglect.</p> <p><i>No. of Beneficiaries impacted:</i> 18 – 25 children</p> <p><i>No. of People participated:</i> 18 – 25 children + Staff + volunteers/ interns</p>	<p>i. Education is a Right of every child. These children are able to avail their right to education.</p> <p>ii. Children are able to better perform in their exams having a tuition teacher to guide them and provide extra academic support which is very well reflected in their</p>

	<p>progress in their internal exams (FA 1, FA 2) by far. 16 out of 18 students have shown improvement in their academic performance.</p> <p><b>b. <u>Co – curricular/ Extra Curricular:</u></b></p> <p>i. Children attended summer camp organized by Balbhavan and won prizes &amp; participation certificates in various activities such as – dance, clay modeling, drawing, writing competition etc.</p> <p>ii. One of the child won 3<sup>rd</sup> prize in district level essay writing competition.</p> <p>iii. Children also participated in “Token economy” activity conducted at home level.</p>				<p>marks cards.</p> <p>iii. Extracurricular activities during holiday breaks are ensuring their playful quotient as well as physical well being which is equally important for a child.</p> <p>iv. In house activities such as “Token Economy” is helping children to develop life skills within i.e. Decision making, communication, leadership skills etc.</p>
2.	<p><b>HEALTH –</b></p> <p>a. Counseling: During this period 20 children have been provided counseling to cope up with their trauma and attachment issues through</p>	April - September	Ms. Vimarsha Jain, Group Therapist Ms. Athena, Individual	<i>Type of Beneficiaries:</i> Children in need of care and protection living at Inchara Home for Children who have undergone	Systematic and regular counseling of each child depending upon their case history has a deeper and logical impact on

	<p>individual and group therapies. These children undergo all form of traumatic experience as they undergo sexual abuse, child labour, trafficked, MR etc.</p> <p>Also in order to facilitate their emotion and physical healing we also engaged with organizations like Art of Living &amp; World Pranic Healing Foundation to introduce our children to yoga and benefits of meditation.</p> <p>We had also tie up with medical agencies to for regular health checkups of our children such as dental and eye care during this period.</p> <p>b. Trainings: During this period children have also received training on various aspects such as earing, bangles, paper bag making, tailoring classes, Computer classes, gardening, cooking classes etc.</p>		<p>Therapist Ms. Sumana, Project Coordinator</p>	<p>all forms of abuse and neglect.</p> <p><i>No. of Beneficiaries impacted:</i> 18 – 25 children</p> <p><i>No. of People participated:</i> 18 – 25 children + Staff + volunteers/ interns</p>	<p>kids. With the help of our trained counselors and staff we are constantly helping our kids to cope up with their past trauma, psychological, cognitive and behavioral issues.</p> <p>Yoga and Meditation classes have helped the children to enhance their concentration and stability in thought process along with coping up their physical stress due to abuse.</p> <p>Various form of training provided the children an inner joy and confidence to face the world outside and a medium to express themselves through their art form.</p>
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	<p>c. Outing: Amidst of all we have also ensured few outings for the children for recreational purpose. Since kids are very fond of temple visit so we took them to visit one of the famous and renowned temple known as Mangladevi temple and Kadri temple of Mangalore. We have also got the children and staff visit to Someshwara temple followed by beach sight scene.</p>				<p>Recreational activities always have greater impact on the playful quotient of any human being especially on children. These small outings always ensure a balance and their inclusiveness with the world outside.</p>
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*(Please add rows as required)*

**2. Kindly state the activities which were planned but not conducted with reasoning.**

(N/A)

**3. What has been the total amount spent on the program till date?**

Total Grant Received = Rs.400,000/-

Total amount Utilized= Rs.251,000/- ( Up to 30<sup>th</sup> September 2019)

Balance Amount – Rs.149,000/-

**4. Kindly state the risks and challenges faced during the course of the program and measures undertaken to mitigate them?**

While working with children in need of care and protection coming from underprivileged background living under distress there is a lot of risk and challenges involved. To perform any form of intervention be it psycho social or on educational stability, trained staff is the primary need. To get stable and trained professional in city like Mangalore is one of the greatest challenge however Inchara Foundation has stable and trained professional because of its constant effort on engaging with staff through regular team meetings and providing the training to enhance their cross cultural on job learning pertaining to child care and child rights.

Our team of counselors and coordinators face a lot of challenges while working with children. One of the biggest challenges is to work on their psycho social well being. As we are aware of the various forms of abuse (verbal, non verbal, physical, emotional, sexual) these children undergo in their tender age so the rupture created is also very deep. Most of the times their trauma gets retriggered especially when they are in their teens. Most of the children with us are in their teen and each child is unique and requires special care and attention. Improvements in such cases take its own time and pace and are difficult to measure. Often in India a child's intellect is measured by his/ her academic scores. Here in Inchara Foundation most of the children are not just first generation learners but also don't come to us in their initial stage of life so it is very challenging for us to work on their academic rigor matching with the society standards. However we believe in 360 degree approach in child development & growth hence we provide all forms of exposure to these children to be able to learn from and understand their skills and abilities. Hence we provide different types of trainings, outings, counseling support, educational support and timely health checkups to these children in order to mitigate the various challenges pertaining to their biological and psycho social well being.

**5. Kindly provide the list activities to be undertaken for the next six months (October 2019 – March 2020)**

For the next six months Inchara Foundation shall be focused on the academic rigor of these children along with the continuity of their individual and group therapy. Since some of them will appear for their boards and some shall be restored and rehabilitated back to the society so we majorly work on the psycho social well being of these children. The remaining 6 months shall overall cover the similar pedagogy for the children.