

2018-19

Annual Report



We are grateful to;

**United Breweries Ltd, OPTUM,
Letzchange, Deshpande Foundation
Rotary Anns, Lions Club and several
Individual donors and well wishers**



Inchara Foundation®
TRANSFORMING IDEAS INTO ACTION

by

Inchara Foundation, Mangalore

2019, May

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1. Inchara Foundation: At a Glance

Inchara Foundation is a Mangalore based Non-Profit organization started by young professionals to provide a safe and healthy ecosystem for holistic care and protection for children with the assistance of the existing or innovative mechanisms within the society along with the involvement of direct and indirect stakeholders present in our society. As an NGO addressing the grave issue pertaining to Child Sexual Abuse, Inchara Foundation has expertise in providing awareness programs, capacity building training, rehabilitation and care along with legal support. We also provide our services in strengthening the non-functional mechanisms at schools and community with the involvement of Corporates (CSR initiatives) and participation of community leaders in order to create Model infrastructure for a safer childhood. Inchara Foundation also encourages healthy living standards through its Health programs for the children and other stakeholders within the community. Apart from all other services Inchara is also specialized in conducting need based assessments, design training modules, take up research based studies, impact assessments and evaluations, proposal/ grant making, content development & alignment services as per the NSDC guideline etc. pertaining to children and other stakeholders such as women catering to private, government, nonprofit and corporate sectors.

Inchara Foundation works exhaustively as a child welfare organization, following participatory approach, expertized in certain thematic areas through various programs – Prevention of Child Sexual Abuse (CSA), Capacity Building Program, Education, Health, and Skill Development.

Vision:

To create a society where our children live free from the fear of being abused, their rights are respected and protected

Mission:

- To protect children in the age group from 0 -18 from being abused.
- To equip children, parents and teachers with prevention strategies and help to help themselves.
- To provide care, support and rehabilitation to the survivors of abuse through institutional and therapeutic interventions.

2. Human Resources Involved

Sl. No.	Name	Designation
1.	Vazeer	Managing Trustee, Inchara Foundation
2.	Preetham Rodrigues	Director, Inchara Foundation
3.	Manjunath Badagi	Project Manager- Project Angel
4.	Rohini	Project Executive
5.	Rajeshwari Dalvi	Project Executive

6.	Shyna Bhattacharjee	Manager – Operations & Research
7.	Gayathri	Project Coordinator
8.	JestalaxmiBolor	Psychologist, group therapy
9.	Athena Maria Aranha	Psychologist, individual therapy

3. Beneficiaries

Sl. No.	Activity	No. of Beneficiary Reach
1	Project Angel- preventing child sexual abuse	21000 Children, 200 teachers
2	Community development and Model safe school initiatives by United Breweries' CSR project	2 Government schools covering about 450 children
3	Inchara Home For Children	30 Girl Children in need of care & support
4	Health camps	5 (more than 500 people)
5	School Play grounds using scrap materials	2 play grounds in 2 schools
6	Low cost urinals boys	1 Toilet with 10 urinals
7	Safe drinking water facility at GHPS,Kulai	100 children
8	Capacity building programs	230 Youth
9	School Bags with desk	100 Children

4. Work We Do

Inchara Foundation is providing services through its different Programs under the thematic areas such as:

- Prevention of Child Sexual Abuse Program
 - o Inchara home for Children (girls)
 - o Project Angel
- Education Program
 - o Model Safe School Initiative
- Health Program
 - o Health Education for Adolescent girls
 - o Health Camps
- Capacity Building Program
 - o Parents
 - o Teachers
 - o Caregivers
 - o Staff
 - o Employees
- Skill Development Program
 - o Life Skill Trainings
 - o Vocational Trainings

5. Programs Highlighted

Inchara Home for Children:

Inchara Home for Children (girls) has been providing services since October 2017 under the umbrella of Inchara Foundation. It is completely **committed to the cause of Children in Need of Care & Protection in Mangalore. Under this programme we** provide a very homely environment to our children by catering Nutritious Food, Quality Education, Safe Shelter, regular Therapeutic Counseling, Vocational Training and Legal Support to ensure proper rehabilitation and restoration of the children. We are a licensed home for 25 Children (girls) functioning as per the guidelines of the Juvenile Justice Act (Care and Protection).



In this Year following activities being under taken

1. Survivors of abuse in the age group of 6-18 years are taken by the institution since October 2017.
2. Children (Girls) are rescued from various abuse situations and rehabilitated
3. More than 70 Girls received proper care , Food (Balanced Nutrition) and accommodation
4. Psycho social counseling (continuous), Dance and games therapies provided to overcome the trauma
5. Legal support provided need basis
6. Health check ups conducted on regular basis and due care is taken towards their healthy well being
7. Life skills education to restore self esteem
8. Reintegration with families after intervention in selected cases
9. On completion of 18 years of age 5 girls are provided with skill development training (one of them is employed and 4 girls are about to complete their training)
10. 2 Tailoring machines are installed for training the girls towards self dependency

CASE STUDIES

1. **Name of the Beneficiary:** *Pramita (the identity of the child is kept confidential as per Child protection policy)*

Initial Stage: Pramita (name changed) was a sexually abused child whose father was an alcoholic with a brother and mother at home who were incapable to provide her a safe living condition. Hence she was referred to Inchara Foundation by Child Welfare Committee.

Intervention Stage: Counseling (regular), Individual Care Plan, Skill development training in Hospitality and tourism

How things changed: With a 360 degree support system the child (adolescent) started gaining trust in the support mechanism as a result she expressed her area of interest and participated in the training provided to her.

Transformation: Presently she is an independent and confident girl working in the sector of hospitality and tourism in Murudeshwar earning Rs. 8000/- per month along with food and accommodation.



2. **Name of the Beneficiary:** *Bhawnaswari (the identity of the child is kept confidential as per Child protection policy)*

Initial Stage: Bhawnaswari (name changed) was a sexually abused child who was abused by her own relative to whom she gave birth to a child at the age of 14. She was severely anemic and malnourished when she was referred to Inchara Home for Children by CWC.

Intervention Stage: She was provided regular session of therapeutic counseling under trained psychologist as she had several behavioral issues due to the trauma she went through in past. Her child is surrendered for adoption.

How things changed: Gradually, her health condition improved and she became more stable mentally. She got enrolled into regular formal schooling.

Transformation: She passed her 7th standard and is now studying in 8th standard. She is more confident than ever before and has turned into a very sanguine girl who is all set to face any situation ahead.

3. **Name of the Beneficiary: Pragya** *(the identity of the child is kept confidential as per Child protection policy)*

Initial Stage: Pragya (name changed) was raised in a very violent family condition. Fathered by a alcoholic and mothered by a victim of domestic violence Pragya suffered a very turbulent childhood. She was a school drop out with a dark future.

Intervention Stage: After regular counseling sessions and psychometric test it was examined that she had learning disability and hence was enrolled into a special school to help her continue her formal education.

How things changed: With the above interventions in place Pragya is now going to write her 10th board exams.

Transformation: She has transformed into a very confident and bright child.

Each girl who is at Inchara Home and one who has already benefitted through this program has story to tell.

Story that is a reality check of our modern society

Model Safe School Initiative:

Inchara Foundation in collaboration with United Breweries Ltd. joined hands together to strengthen the existing mechanisms of the government schools in Dakshina Kannada. As a result, under the Model Safe School Initiative of Inchara Foundation took up the decision to build a safe play area for the children of **Angaragundi Government School, Baikampady**. This Safe play area was constructed with Scrap material for it to be low maintenance and cost effective. This playground was designed for the children between the age group of 5 – 12 years.



Also to ensure positive hygiene condition of the boy's toilets low cost Urinals were constructed in the school for the children (boys) of the same age.



Similar program was conducted in the **Fisheries Higher Primary School, Chithrapura, Kulai**. The Program focused on building a safe play area along with sponsoring the water purifier for safe drinking water facility for the school.





Before

After



Model Safe School Initiative In collaboration with United Breweries and Inchara Foundation



Desk Bag Distribution: For 100 Children at Baikampady School (Angara gundi)

Health Program: Under the Health Program, Inchara Foundation conducted various Medical Camp (Eye Check up and free minor treatment) sponsored by United Breweries.



Volunteer Engagement Programs:

Child Safety Sessions with children by the volunteers/ interns pursuing Masters in Social Work from various colleges in Mangalore.



Community awareness:

Our Staff and Volunteers visited the community to create awareness on Health and asking them to participate in Health Camps



Life skills activities:



As a part of continued life skill activities Volunteers of Inchara Foundation conducted several life skill activities in the schools encouraging children to focus more on education and self dependency skills



Conclusion;

We would like to thank the all our patrons and donors for believing in proposed designs and innovative projects of Inchara Foundation. We are grateful for the unending support and timely grants to execute the proposed activities. We look forward for the year 2019-2020 where we thrive to streamline and scale up Inchara Home for Children and Model Safe School initiative.

Financial Utilization & Progress

1. Turnover

2018-2019	2017-2018	2016-2017
Rs. 34,43,822.00	Rs.29,75,592.00	Rs.947,687.00

2. Major Donors

2018-2019	2017-2018	2016-2017
Deshpande Foundation	Deshpande Foundation	United Breweries Ltd
OPTUM (XL Health Corporation Pvt. Ltd)	OPTUM (XL Health Corporation Pvt. Ltd)	VRUTTI, Bangalore
United Breweries Ltd	United Breweries Ltd	DB TECH, New Delhi
TATA TRENT	DB TECH, New Delhi	UTI Technologies
DB TECH, New Delhi		

Enclosure:

Audit Report 2018-2019



ANNUAL REPORT 2017-2018

Report Period 1st April 2017-31st March 2018



INTRODUCTION:

The year 2017-2018 has been an eventful for Inchara Foundation as Project Angel being launched in Hubli Dharwad region reaching over 17000 children and adults. Inchara Foundation has been selected by Deshpande Foundation as one of the Innovative Hub partners, under their Sanbox Samvidha Initiative.

In October 2018, we attained another milestone by establishing Inchara Home for Children to cater to needs of children who are in need of care and protection. Center has been registered under the JJ Act 2015 and recognized as CCI by the department of women and child development, Government of Karnataka.

We are grateful to Individuals, institutions and corporate for supporting us and showing confidence in us to reach the needy and underprivileged.

We are grateful to:

1. Deshpande Foundation
2. XL health corporation Pvt. Ltd (OPTUM, Bangalore)
3. United Breweries Pvt Ltd , Mangalore
4. DB Tech, New Delhi
5. Rotary Club, Rotary Ann's, Lions Club, Innerwheel clubs (Presidents and members)
6. Individual Donors who contributed in kind and cash
7. And all other donors

PROJECT ANGEL- SNAPSHOT

Project Title	Project Angel- An Initiative for Prevention of Child Sexual Abuse		
Applicant	Inchara Foundation, Registered Not for profit Trust		
Target Location	Dharwad District	Blocks- Hubli & Dharwad	
Target Audience	Children (Class 1 to Class 10 th)	Adults (Parents and Teachers)	
Total Targets		Total	
	Targets-Children	17000	
	Targets- Adults	3000	
	Total Targets	20000	
Funds Required	Rs.650,000 (Rupees Six lakhs fifty thousand only)		

PROJECT DELIVERABLES

Input	Output	Outcome	Impact
Workshop for Content & finalization	<ul style="list-style-type: none"> A standard content for sensitizing of Children, parents & teachers is finalized with the help of Organizations and Individuals who are experts in the same field Class 1 to Class 10th Content distributed age wise and sessions to be conducted accordingly 	<p>1 (one) TOT conducted for the using newly designed content</p> <p>Content being implemented in the field.</p> <p>Pretest and post test questionnaire prepared and implemented</p>	<p>A quality content is adopted and recommended by other organizations for their similar interventions (Shared with Arpan, Mumbai and Enfold, Bangalore)</p>

Helpline (Multiple Channels to seek help)(<ul style="list-style-type: none"> • A helpline number made available for the target groups • Angel Box – installed for placing queries, feedback, suggestions and complaints. Children, Parent, teachers can utilize this box and confidentiality will be maintained. 	<p>100% response rate for the calls received in the form of counseling, FIRs and Referrals</p> <p>200 Numbers of (complaints/suggestions/feedback) received in Angel Box placed in 45 Schools</p> <p>15 Angel boxes installed and started receiving responses.</p>	<p>Children and parents breaking the silence to share about the issues faced by them related to CSA</p> <p>Cases referred further for intervention (Treatment, Psycho social support, counseling etc.)</p> <p>Project Angel Helpline proving to be unique and innovative as it provides multiple channels to seek help</p> <p>Children with high risk identified and referred for intervention</p>
Sensitization/ Awareness session	<p>Sessions conducted towards sensitizing children, parents, teachers and others.</p>	<p>45 Schools became part of the project</p> <p>17000 Children became aware on various aspects of child sexual abuse</p> <p>1500 parents became aware on warning signs and child safety</p> <p>200 Teachers Trained to help</p>	<p>Increased level of awareness among Children, teachers, parents and general public with reference to Child Sexual Abuse</p> <p>Increased awareness leading to breaking of stigma and reporting of cases.</p> <p>CSA Prevention is going to become part of the school curriculum (Long term)</p>
Networking & Partnerships	<p>Networking & working partnership is established with Government and Non-Government agencies</p>	<p>A circular is issued to schools by the education department</p> <p>Letter of Intent obtained from DCPU (district child protection unit) for cases</p>	<p>Partnerships to strengthen the project activities and help in expansion</p> <p>Cases of abuse being</p>

		referral Letter of intent obtained from expert NGO/individuals for accepting cases of extreme nature	referred to DCPU (Under Department of women and child) Organizations/ Schools start contacting Project Angel for sensitization activities
Safety Audit for schools conducted	Safety Guideline cum questionnaire prepared Team is trained to conduct the safety audit Education department is issuing circular to schools to participate in the safety audit	20 Schools undergoing the safety audit Safety Audit report is prepared with recommendations and submitted to the School administration, education department and district administration	School administration realizing the child safety related issues Education department & district administration being proactive to implement recommendations

WHY PROJECT ANGEL?

As we know conviction rate in child sexual abuse is close to nothing, it become imperative to prevent the same in advance. Prevention is the best way to tackle the issue of Child Sexual Abuse. This can be done by educating Children, parents, teachers and the community. Since all the stake holders are backbone of child protection, it is very important to make all of them aware on the subject and provide adequate knowledge.

Project Angel is designed for kids, parents, teachers & community to raise awareness about the issue, to educate them on how to recognize the warning signs, differentiate between safe touch & unsafe touch and to train them about what to do when they suspect a child is being victimized. The program includes awareness sessions through Talks, Videos, Storytelling and Games

An all-round solution aimed at Protecting our children from sexual abuse.

RECOGNITION

Project Angel has been recognized by the District Administration, Mangalore, Department of Education, and Department of women and child as a must do program for the schools. A circular has been issued to the schools to undertake Project Angel for the Children, parents and teachers.

PROJECT GOAL:

A comprehensive program for prevention of child sexual abuse using sensitization and risk assessment methods is being administered to 17000 children, 3000 adults by the end of FY 2018 in Dharwad District

PROJECT OBJECTIVES:

- *Subject Knowledge and Skills on prevention of child sexual abuse imparted 20000 (in total) children, parents, teachers, caretakers & public in general in the next 1 year in the districts of Dharwad through direct sessions*
- *A Child Helpline is established exclusively for handling abuse related queries from children, parents and teachers*
- *Safety Audit conducted in 20 schools in the pilot phase against the set parameters of child safety policy of the Government.*

METHODOLOGY

Project Angel, will adopt a multipronged approach to reach out the desired target groups. The Project consists of following strategies.

A. SENSITIZATION

1. Content Development:

Project Angel has been unique techniques such as Lion and lamb game for sensitizing children along with Videos and case studies. However, it is important that the content has to be standardized with the help of subject and field experts. Project shall focus on improving content in the first month before the beginning of the academic sessions.

2. Direct Sessions for Children:

One-hour session with Children is done class wise, will consist of Games, Case studies and Videos. Lion and lamb has been improvised to make the children understand personal safety rules and strategies to keep the dangers away. The content is being kept simple and can be conducted by anyone one who is attended a volunteer training.

The content shall cover following:

- Safe Touch and Un safe touch
- Body Rules or Safety Rules
- Blame and Shame
- Overcoming blackmailing situations
- Helplines

Lion and Lamb Game has been improvised for better understanding of dangers and safety



(Diagram above depicts interventions in the school)

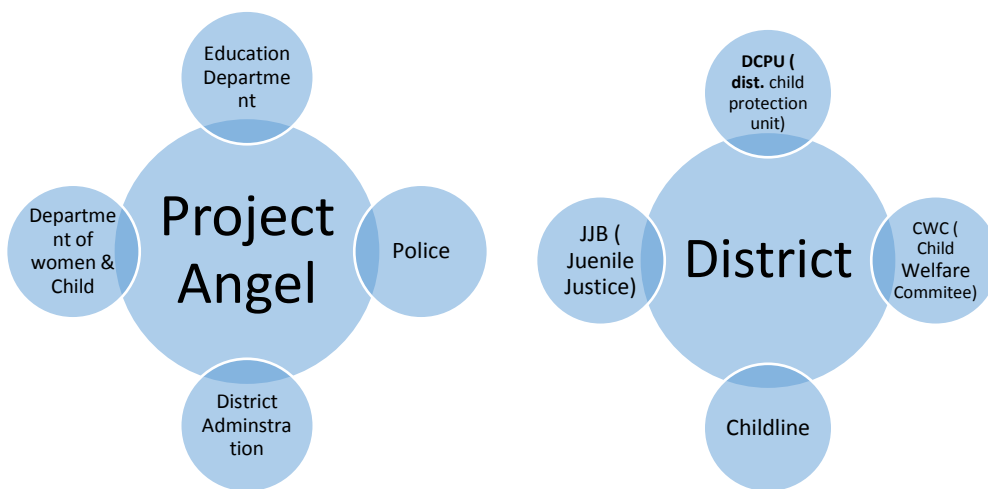
3. Direct Sessions for Parents, Teachers & care givers:

Adults play an important role in preventing abuse, Children need to start trusting them so that they can share their feeling freely. For this adults need to provide a positive atmosphere.

Teachers and Caregivers need to identify the warning signs that children do give out. When equipped with relevant knowledge and skills they can help the children in a better way.

- 4. Refresher/Follow up trainings:** One Refresher training is to be done within the same academic year for the children. It is for 10-15 minutes, helping the children to recall safety rules and instill confidence in them

5. **School Contact:** During the intervention, we would request one teacher/staff to be the point of contact throughout, who will be nominated by the School Management.
6. **Public Awareness:** It is very important that the stigma attached to sexual abuse need to be addressed. This can be done by creating mass awareness. Safety circle initiatives and street plays will be part of the public awareness program. These will be held as add on components of the project.
7. **Networking with Government Departments:** It is very ideal that we take along the Government departments for the success of the project. We will be persuading Education department to send a circular to all schools through BEOs to take up this program in all schools. *Project Angel also fits into the Child Safety Policy of the Government.*



8. NGO Partnerships

Project Angel shall maximize NGO partnerships in the district who are working with Children. Local Resource Persons will be identified with help of NGOs. This will help us in following up and sustaining project activities. We will also refer cases identified during the intervention to these NGOs (if they have expertise) for counseling and follow up.

B. HELPLINE

1. Helpline (Phone): A phone number will be widely publicized within the target area so that Children, parents, teachers or people in general can contact and seek help.
2. Target audience can also sought help via Mobile APP and Website Chat application

3. **Angel Box:** We would be keeping one box so that children can share their suggestions, feedback, complaints and abuse incidents. Children can help their friends too through this as well. Project Staff and LRPs would visit the school and open the box on a regular basis.

C. SAFETY AUDIT

Project Angel shall conduct safety audit of 20 schools in the pilot phase. Safety audit shall be conducted against the parameters set by the government in the school safety policy. This activity will indicate whether the schools follow the safety procedures seriously or not. In the meantime, the activity helps us to devise further intervention

RESULTS FRAMEWORK

OUTCOME:

- Children start to break the silence and share if any incidences of abuse happened or happening, after sensitization, we managed to stop one child marriage.
- Child Helpline numbers start to receive calls and number of calls increase over the project period
- Children and parents realize there is no fault of theirs, the blame and shame lies with the abuser
- Target groups will be able to identify the warning signs of sexual abuse, able to differentiate between good touch & bad touch
- Parents and Teachers were learnt to communicate effectively with their wards
- Children are able to formulate body rules, safety plans & response plans with the help of parents and teachers
- Cases of abuses identified with the help of CSA-RI tool, administered through Project Angel APP and Website
- Cases identified during the intervention will be referred to expert NGOs or existing Government machinery for further support and will be followed up till the end.

IMPACT:

- Increased instances of reported cases of child sexual abuse from the project area in the CWC (child welfare committee)
- Children and parents breaking the silence to share about the issues faced by them

- Increased instances of children saying no to advances made by the abuser and preventing themselves.

FINANCIAL UTILIZATION

Total Budget Sanctioned: Rs.650.000/-

Total Budget Utilized : Rs. 636,886.00/-



INCHARA HOME FOR CHILDREN



Performances at District level



Arts and Crafts



Group Therapies



Inchara Foundation is committed for the cause of Children especially who are need of care and support. Inchara home for children will serve the following purposes.

- *A Home for children who are in need of care and protection, rescued and referred by the District Administration including Police, Child Line DCPU etc, who are rescued from various situations.*
- *A specialized support center for survivors of Child Sexual Abuse by providing care, support, counseling and rehabilitation.*
- *Proposed Specialized Adoption Agency: There are no Specialized Adoption Agencies in Mangalore and the District Administration has shortlisted Inchara Foundation for setting up an institution for the same.*

Profile of Children:

1. Survivors of abuse in the age group of 6-18 years
2. Orphan poor and single parented children
3. Children rescued from various situations such as child labour and begging

Salient feature of Home for Children:

As the name suggests we are providing homely atmosphere for the children, providing them with much need love, care and support

1. Food (Balanced Nutrition) and accommodation
2. Provide the children good education as all of them are admitted to private schools
3. Dance and games therapy to overcome the trauma
4. Psycho social counseling (continuous)
5. Legal support

6. Medical support
7. Life skills education to restore self esteem
8. Reintegration with families after intervention in selected cases

CSR PROJECTS

UNITED BREWERIES

Total Budget : Rs.205,000/-

Details of Activities

1. Selection of school: After initial scrutiny of the schools from neighbouring areas (within 5 kms of radius), we selected Govt. Higher Primary School, Angara Guddi, Baikampady for further intervention. School was selected based on the initial observation done by the joint team including HR team from UB and implementation team from Inchara Foundation.
2. Program Inauguration: Formal Inauguration of Model Safe School Initiative was held on 7th August 2017 at the School. Officials from UB unit and School Management were present on the occasion. Representatives from the education department were present and expressed their support for this initiative.
Preetham Rodrigues , Director of Inchara Foundation gave an overview of the activities to be conducted.
3. Need Assessment Survey: Inchara Foundation has developed a tool to assess the basic needs of the school in terms of safety of children. The tool is aligned to the Karnataka State Government's policy of protection of children in schools. One tool was administered for the School Staff and another tool was administered to the children. Detail

report of the assessment will be available soon. Further activities of the Model Safe School Initiative will be depending on the outcome of the report generated out of this need assessment activity

4. Water Testing: As one of the proposed activity , water from the tap is tested for suitability for drinking, it is reported that some students drink water directly from the tap. The test was conducted at the United Breweries facility. The report stated that the tap water is not suitable for drinking. Water sample from the well also tested and it is found to be safe for consumption.
5. Angel Box: An angel box, which provides scope and opportunity for the children to reach out directly to Inchara Team has been handed over to the School. School children can submit their queries, feedback, suggestion and complaints related to safety in the box. Inchara team shall address each of the queries on a regular basis.
6. Replenishing First Aid Kits : The school has first aid kits already installed, however the medicines were not changed for long time. Towards making it a safe school
7. Training on Health and Hygiene
Health and Hygiene is also one of the component which makes model safe school. Class 1 to 7th Children were trained to follow health safety such as washing hands properly (education through video). Eating habits for a health wellbeing and how to maintain a healthy life style
This program addresses the health safety component in Model Safe School Initiative.
8. Training on Using Fire Extinguisher and Evacuation procedure



Inchara foundation collaborated with Fire service department to conduct an awareness program on safety precautions to followed while dealing with fires, use of fire extinguisher, awareness on types of fires and fire safety drill.

This program addresses the fire safety component in Model Safe School Initiative



9. Personal Safety Awareness sessions for Children

Personal safety sessions focus on making the children aware about personal spaces, safe touch, unsafe touch, body rules and safety rules. It helps the children to develop confidence and skills required to deal with unsafe situations at school or at home.

10. Personal Safety Awareness sessions for Parents

Parents need to talk to their children about being safe. Parents also needs to be aware of warning signs given out by the children, parents made aware of the dangerous situations that children are facing today and how to keep them safe from any hazards

11.First Aid and CPR training for Children



First aid training is not just about theory but also explained to kids in practical ways, for example how to use the first aid kit, how to treat burn wounds, how to tie your limbs when you encounter an fracture or suspected fracture/ sprain.

How to respond to situations of emergencies? And how we can prevent dangers.

This training another fulfilled another component envisaged in the Model safe school Initiative.

FINANCIAL REPORT

Auditor's Report Enclosed

Authorized Signatory

(Mr.Harish PK, Secretary)





ANNUAL REPORT 2016-2017

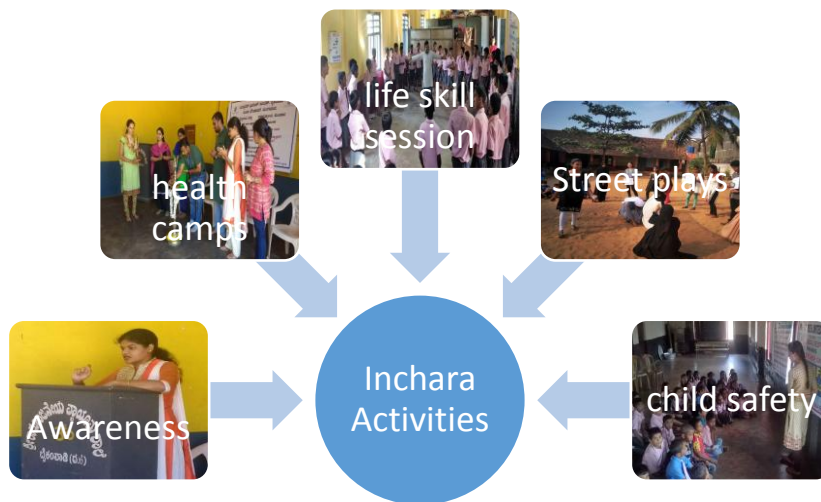


INTRODUCTION:

Inchara Foundation is slowly but steadily expanding the activities into CSR space by tapping CSR resources. Project Angel –An initiative for prevention of child sexual abuse is making progress in terms and reach and visibility. Project Angel is among one of the finalists at Sanbox Samvidha (Innovation Hub of Deshpande Foundation) and confident of getting the grant for the year 2017-18.

We are grateful to United Breweries for showing confidence in Inchara Foundation, in order to implement their CSR activities. Inchara Foundation actively involved planning and implementing CSR activities of United Breweries, Mangalore.

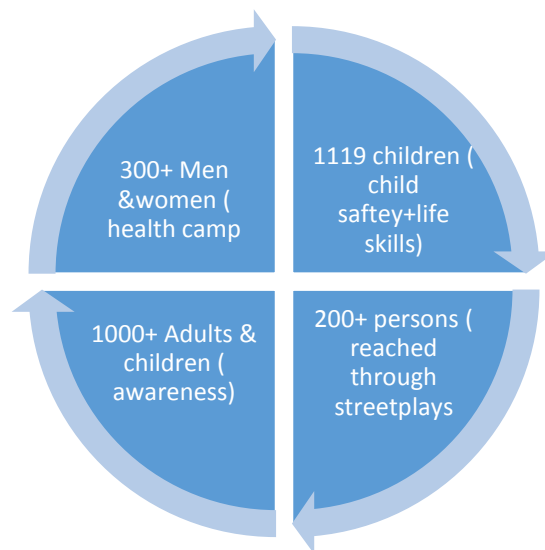
ACTIVITIES



Summary:

Month	August		September		October		November		December		January		February		March		Total	
Training	target	completed	target	completed	target	completed	target	completed	target	completed	target	completed	target	completed	target	completed	target	completed
Child safety session	5	2	5	12		3	5		5			2				1	20	20
Life skill session	3		3	6			4	2									10	8
Health camp					1			1	1			1					2	2
Street play							2	0			3	0				5	5	5
health & water awareness											3	3	3	9	4	0	10	12
																Total	47	47

AN OVERVIEW OF BENEFICIARY REACH



Key Activities

1. Signing of MOU between UBL and Inchara Foundation, Mangalore.
2. Formal Launching and First sessions on Child Safety
3. **Child Safety Sessions for children and parents**
4. **Life skills sessions for class 6th & 7th students**

Key Activities

1. Child safety sessions continued
2. Health Checkup camp, general
3. Health Checkup cam for Women
4. Health awareness on cervical cancer for women
5. Life skill sessions for Children
6. Awareness session on water, health and sanitation in the community
7. Street Plays on Water and Health

Child Safety Program

Children are in need of safe environment to make progress in education and also for happy life. Parents and teachers are there to mold children's life and give direction.

United Breweries' Child Safety Program enabled children to live a safe life and helped parents and teachers to guide their children about potential threats.

Total sessions Planned: 20

Total sessions conducted: 20

Status: Completed

Impact Created:

- A total of 895 beneficiaries including 215 parents and teachers trained.
- Children were able to differentiate between good touch and bad touch
- Children are able to identify potential risks and hazards in daily life

Life Skills Education:

These day's life skills have become integral parts of one's education and career. For Children to cope up with stressful life (due to conflicts at home or any similar situations)

Total sessions Planned: 10

Total sessions conducted: 08

Status: Completed

Impact Created:

- **224 Children Benefitted**
- **Children have become more active**
- **Teachers appreciated the sessions**

Health Awareness (camps & street play and talks)

The target area selected is low on awareness regarding health and hygiene. Poor waste management and open defecation is leading to increased incidences of communicable diseases. Women from target areas need awareness on Breast cancer and cervical cancer prevention and detection.

Total health camps planned & completed: 2

Total street plays planned & completed: 5

Impact Created:

- 150 people including women and children were screened for skin, eye, dental and general ailments
- Medicines worth Rs10,000/- distributed
- Specialized medical camp for women with cervical screening facility.
- 85 women screened for cervical cancer
- 3 women detected positive and referred for further treatment
- 10 persons referred (from general camp) for further diagnosis and treatment

Awareness sessions on water:

Communities are feeling shortage water as the ground water is depleting and rainwater is just flowing away. In summer people are getting water once in 10 days. Even access to pure drinking water in some of communities is out of reach.

Total sessions Planned: 10

Total sessions conducted: 12

Impact Created:

- 1000 people including children were benefitted
- Awareness sessions on ways and means to save water conducted
- People started realizing the need for saving water and conservation of water resources

Activities



FINANCIAL REPORT

Auditor's Report Enclosed

Authorized Signatory

(Mr.Harish PK, Secretary)

